

Aaron Dickey

Soccer Coach

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SUMMARY

I am 31 years of age, and have been coaching since 2009. I have been extremely passionate about soccer from a young age, and truly believe that in order to be a successful coach, the players need to be able to see the passion and love the coach has for the game and for his players. I have been playing/coaching at a Semi-Professional level for the last 10 years for a club I created (Vacaville Elite UPSL) for local young talent. I believe that every athlete is different so the method of coaching should vary based on personality, skill level, experience, etc... I'd classify myself as a "player's" coach due to my deep understanding of the game. Over the years, I have implemented a system that the players are familiar with and are very receptive to. I've recruited and met with prospective student-athletes to discuss their experience and goals, created and ran up-to-date and relevant exercises, spearheaded all team fundraising projects to raise money for new uniforms and equipment, trained student-athletes during the off-season, monitored the academic performance of the student-athletes in addition to their athletic progress and fostered a culture of good sportsmanship, cooperation, and responsibility. At the end of the day my goal is to equip young athletes with tools to help them succeed in the next levels of their lives.

COACHING EXPERIENCE



Sacramento State University Club Soccer, CSUS - *Men's Head Coach*

August 2019 - PRESENT

- WCSA NORCAL Div I Third place 2020
- Undefeated Spring season 2020
- Most improved club Finalist 2020 
- Team performance Finalist 2020 
- WCSA NORCAL Div II Fall Champions 2019 
- Only one loss all season 2019



UC Davis Club Soccer - B Team, Men's Head Coach



September 2018 - July 2019

- WCSA NORCAL II second place 2018



Vacaville Elite Soccer Club UPSL Men's Team, - Owner/Manager/Coach

June 2010 - PRESENT

- Wild West conference UPSL
- Back to back 1st place titles, Norcal Premier College Summer League (LIGA NORCAL) - 2012 & 2013  
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Vacaville Elite SC Youth Team - Co-Head Coach



April 2018 - PRESENT

- Boy's u16 team 2018
- Boy's u19 Gold CALNORTH 2019



Fairfield High School, - Head Coach Boys Varsity and Junior Varsity




September 2016 - PRESENT

- Monticello Empire League "Co-Coach Of The Year" 2019 
- FHS Sports Team Of The Year 2019 



Willis Jepson Middle School, - Head Boy's Coach 7th and 8th grade


January 2017 - PRESENT

- NSAL Undefeated league champions 2020 
- NSAL Undefeated league champions 2019 
- NSAL League champions 2017 



Vacaville Youth Soccer League - Head Boy's coach Traveling Recreational Team(Volunteer)

April 2017 - September 2018

- CYSA DIV 3 u16 League Champions 
- CYSA DIV 3 u19 Third place



Vacaville High School, - *Head Coach Boys Varsity and Junior Varsity*

June 2010 - August 2016

- Head Varsity and Junior Varsity coach September 2012 - 2016
- Head Junior Varsity coach September 2010 - 2016
- Monticello Empire League playoffs 2014 (1st time since 2007)



Lil Kickers, - *Head Coach and Trainer*

March 2016 - February 2017

- Head coach and trainer of the entire program. Ages 2 - 9 yrs.
 - Learned curriculum based program
 - Taught curriculum to new incoming coaches
 - On field training of new coaches
 - Oversaw all coaches.
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PROFESSIONAL PLAYING EXPERIENCE



Vacaville Elite Soccer Club - Men's UPSL Team

June 2010 - PRESENT

- Teams competed against - MLS, USL , USL 2, UPSL, NPSL
- State Cup, versus Chivas USA (MLS) - 2013
- Qualified for Lamar Hunt U.S Open Cup. Biggest tournament in America 2014
- Top 4 U-23 teams in all of California - 2013
- Back to back 1st place titles, Norcal Premier College Summer League (LIGA NORCAL) - 2012 & 2013  
- Victory against 2012-2013 NPSL National runner-ups Oakland Ambassadors FC - 2013

- Travel Nationally to tournaments - Oregon, Arizona, Washington, Texas, Idaho...

COLLEGIATE PLAYING EXPERIENCE



Napa Valley Jr. College - Napa, CA

September 2007 - 2009

- Team Captain
- Awarded all-league - Bay Valley Conference 2007-2008 
- Win against nationally ranked undefeated Feather River College for 1st place - Bay Valley Conference 2008

HIGH SCHOOL PLAYING EXPERIENCE



Vacaville High School - Vacaville, CA

September 2002 - 2006

- High School Diploma

CERTIFICATES

- U.S National D, E, F, 2016 U.S Soccer Federation — Cupertino, Ca
- CPR / AED, 2020 National CPR Foundation — Vacaville, Ca
- Interscholastic Sports, 2020 NFHS — Vacaville, Ca
- Concussion in Sports, 2020 NFHS — Vacaville, Ca
- Live Scan & Fingerprints - current
- TB Test - current - Vacaville and Fairfield Unified School District — Vacaville , Ca
- Mandated reporter - current
- Sudden Cardiac Arrest - current
- Heat illness prevention - current

KNOWLEDGE BASE

- Technical
- Tactical
- Physical
- Defending principles,
- Attacking principles